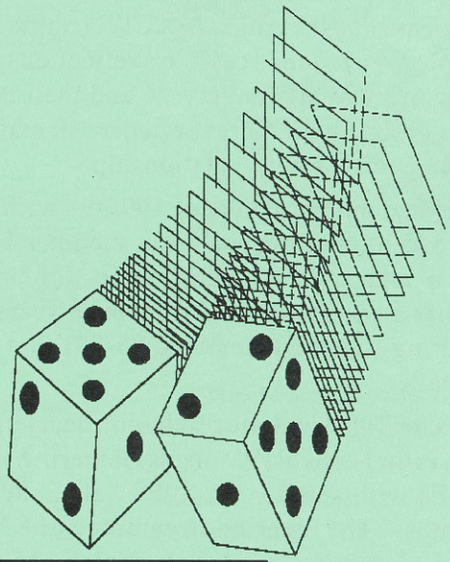
SEPTEMBER, 1996
VOLUME 12, NO. 8

SACWN
SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

SACWN PRESENTS:

FUN AND GAMES AT CASINO NIGHT



It's time for some fun!

Join SACWN in September for a night of fun and games. We will have blackjack tables, roulette and bingo plus a grand raffle of "prizes". Here's how it will work.

For the price of admission, you receive $500 in playing money. Want more of a bank roll? Then bring a "white elephant prize" and we'll throw in another $500 into your playing money pot.

Play the casino games from 7 to 9 p.m. and then cash in your winnings. For every $100 you have left you'll receive a raffle ticket for the drawing (we'll round up so everyone will get at least one ticket in the raffle.) Then we'll raffle off the prizes, some outrageous and some "pretty nice". It will be a night of fun with SACWN. (See page 4 for more info.)

Date:	**Saturday, September 21, 1996**
Place:	**Sierra 2, Curtis Hall**
	2791 24th Street, Sacto
Time:	**From 7 p.m.**
Tickets:	**$10 Subscribers**
	$15 Non-subscribers
	$15 at the Door

See ticket order form on inside back cover.

From the Steering Committee

Feels like a turn around? Just maybe! After limited participation in the SACWN events from March to June of this year, we have had two incredibly wonderful times in July and August.

The Sacramento Women's Gathering was a warm and loving place to be in late July as 62 women spent the weekend in the woods, entertaining each other and relaxing in the woman energy.

SACWNite Kate MacKenzie, L.C.S.W. was the featured speaker at the August SACWN Salon attended by 33 people. We listened to Kate's reflection of how to be sure we are "loving ourselves" and then talked together in a group about our experiences in maintaining that most important loving relationship.

We ended the fiscal year of 1995-96 with a deficit of almost $2500. For the past year, memberships have been down and several events were not profitable. SACWN has a reserve of fund from prior years (earned mostly during the early years of 85-89), but it keeps getting smaller.

Plans for 1997 include producing quarterly events (Comedy, Film Festival, Woman's Gathering and Snow White Ball) with smaller SACWN Salons held in the other months. The Steering Committee of SACWN is committed to continuing to strive to meet SACWN's primary goal of providing a safe and enjoyable environment where lesbians can meet.

There are several new Special Interest Groups that are getting started this month. During the Salon with MacKenzie, several women lovingly remembered their experiences in Consciousness Raising in the 1970's and decided, why not try CR again.

CR was and is a gathering of 8 to 10 women who commit to meeting together for about 2 hours on a regular schedule for about 8 to 10 sessions. Each week a topic is picked and the women share their thoughts and experiences in that area. Anything anyone says is right (for them), judgements are not made, and everyone gets a time to participate. In the sharing and exploring of feelings a connection is made and friendships are strengthened. What is shared within the CR session is kept confidential.

Ann Johnson has agreed to serve as the scheduler of the first meeting. The SACWN office will be the location, and those willing to make a commitment to the process (every other week through the end of January) will schedule their time and location. Groups of 8-10 people will be developed. The groups will be "closed" after the second session. Everyone is invited, there is no cost, just an interest and willingness to participate. A great idea Ann, thanks for taking the lead.

Another activity planned is the SACWN WALKERS in the AIDS Walk on September 22. Please join us, but if you can't, send a donation to the SACWN office to support those who are walking. And fun at Casino night, but you already know about that!

SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card 3 1/4 x 1 3/4	$25	$37
Two-column ad 4 1/2 x 2 3/4	$40	$60
Quarter page 3 1/2 x 4 1/2	$50	$75
Half page 7 1/8 x 4 1/2 or 3 1/2 x 9 1/2	$90	$135
Full page 7 1/2 x 9 1/2	$160	$240
Classified ads (per word)	.40	.60
Discounts (pre-paid) 1 year	20%	
Discounts (pre-paid) 1/2 year	10%	

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SACWN STEERING COMMITTEE

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SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from **SACWN, Inc.** Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. Deadline for submission of material is the third Friday of the month before publication. For more information, contact Sandy Virago at 451-8034.

Special Interest Groups - September

Special Interest Groups, fondly called SIGs, provide a way for our subscribers to meet in a more personal setting and get to know each other while exploring a common interest.

HELLO! !HELLO HELLO!

SINGLE CONNECTION

On September 7, join us for miniature golf with bumper boats and pizza. Call **Ann** at **927-6038** to RSVP.

September 15 will be theater party night. Call for details RSVP by 9/8 to **Sharon** at **920-4530.**

Planning meeting and brunch on September 22 at City Treasures. Call **Ann** to RSVP **927-6038**.

A nature walk in the foothills is planned for September 29. Bring your own lunch. Call **Roberta** by 9/27 to confirm the location at **487-9339.**

Special Note: If you have confirmed that you will attend an event, especially where reservations have been made or someone is waiting for you, please call the hostess if you cannot attend.

CR GROUP

Consciousness raising on 2nd and 4th Thursday 7 to 8:30 p.m.. Join us on 9/12 and 9/26 to learn what PR is about and to establish the groups. Must be willing to make commitment to attend through end of year. RSVP to **Ann at 927-6038.**

TOP 10

Dinner is planned for Ernesto's on **September 8, 1996** at 5:30 p.m. Call Ann for reservations no later than September 5 at **443-3638.**

For details of the monthly meeting, call **Betty and Dottie at 456-2577** for time and place.

We are still looking for a facilitator and sharing responsibilities until we find her!

RAINBOW CAMPERS

Here's the schedule for a summer of camping fun. Call **Casey** for information and coordination at **366-7362** .

Sept 20-21 - Coloma
October - Barbecue and planning party for next year. Details TBA.

All campers are welcome with tents, trucks, RVs, mattresses, etc.

FOUR WHEELERS

Have a four wheel drive? Wanta give it some action? Call **Cinder at 676-0641 or Julie at 361-9422** for info.

THE BOOK GROUP

Anyone out there interested in meeting once a month to discuss books chosen and read by members (maybe combined with a potluck)?

If so, call **Joy at 452-5513**.

COUPLES GROUP

Join us for a fun and games planning potluck on September 29, 1996. RSVP to **Diana and Julie at 361-9422.**

MOMS AND KIDS

The Moms Group meets for a potluck on the third Saturday of the month. We also get together for many other fun family activities during the month. And for that needed break from the kids, we feature a **"Mom's Night Out"** activity. Call **Kim,** the group facilitator at **364-8653** for information. For a newsletter and monthly activity calendar, call **Donna or Christina at 484-5696.**

NEWCOMERS

We have a welcome brunch on the last Sunday of the month. Join us if you are new to the area, new to SACWN or just new. All members and facilitators are invited to attend. RSVP to **Debbie** at **209/473-0799** for location and time.

WILDLIFE, BIRD WATCHING AND PHOTOGRAPHY HIKES

Call **Linda at 921-9052** to find out about the upcoming activities.

SACWN COMMUNITY CALENDAR

SACWN DATES FOR 1996

SATURDAY, SEPTEMBER 21, 1996
CASINO NIGHT AT SIERRA 2

Join SACWN for a night of fun and games. We are renting the game tables but we will need at least 15 dealers and bingo helpers. Half price admission is offered to the first 15 people who call SACWN at 451-8034 to volunteer. You will need to be at Sierra 2 at 6:30 p.m. that night to review your role. Each "dealer/helper" will work a one hour shift.

Bring a silly or nice gift/prize (that whats-it sitting in your closet that wasn't right for Aunt Evelyn) and get double the bank roll to play with. At the end of the playing period (about 9 p.m.), you'll trade your bank in for raffle tickets and we'll have a drawing for all of the prizes.

The Sacramento Women's Chorus will be handling and benefiting from the cash bar available and sweet munchies will be served. Need more info- call the SACWN office and please invite your friends, it will be a fun night at SACWN.

FRIDAY, OCTOBER 18 - COMEDY
SIERRA 2 THEATER
SUZY BERGER, COMIC ACTOR AND WRITER

Multi-talented Suzy Berger performs showstopping stand-up comedy and improv. She has appeared on the same bill as Robin Williams and Sandra Bernhard. Suzy is profiled in ***Revolutionary Laughter,*** an anthology of women comics. She just completed voice overs for ***Star Trek The Next Generation "A Final Unity"***, an interactive CD Rom as Capt. Picard's nemesis. Suzy is in the films ***Straight Agenda*** and ***Very Funny***, premiering in film festivals from Sydney to D.C.

In her spare time Suzy earned a graduate degree in Psychology so she could feel JUNG again. Save October 18 for comedy with SACWN!

SATURDAY, OCTOBER 26, 1996
WORKSHOP WITH DR. JOANNE MARROW
EXPLORING OUR SEXUAL SELVES

Take a day to learn all about your sexuality and how to stay in touch with the sexual you. This all day workshop (10 to 4 p.m.) is sponsored by SACWN. Watch for the registration form in the October newsletter. Maximum participation will be 20 persons. $45 includes lunch.

SATURDAY, NOVEMBER 23 - POT LUCK

We'd like to repeat the successful potluck around town program we planned last year, except this year, please call the hostess at least 3 days in advance to RSVP, **PLEASE!**

We'd like volunteers from any zip code. We'll advertise the phone numbers in the November newsletter, you RSVP, bring a dish, and meet your neighbors. Volunteer hostesses must call the SACWN office by October 18. You can call now at 451-8034.

SATURDAY, DECEMBER 7
THE 20TH ANNUAL SNOW WHITE BALL
LINCOLN PLAZA

Celebrate our community's 20 year tradition. Join us for the SACWN Snow White Champagne Ball, a semi formal evening of luxury to remember the whole year through!

The environment at the Lincoln Plaza will make you feel so special. Holiday decor, with extra SACWN touches. Tasty food, good music and a free glass of champagne or cider when you walk in the door.

An evening to feel like a queen? Whatever! It will be an evening of SACWN surprises.

IN THE COMMUNITY

September 14 - Gay/Lesbian Sierrans Hike Lake Tahoe. Call 972-9230

September 18 - Meserak "Mimi" Ramsey speaking at the YWCA on female genital mutilation. Sponsored by NOW Sacramento. 6-9 p.m

September 19 - Holly Near and Ronnie Gilbert at the Crest 7:30 p.m. $16.50 Call 725-3311

September 22 - Capital AIDS Walk - Let's do this together. Form a SACWN team. If you can't walk, **send a donation (any amount), check payable to Capital Aids Walk to SACWN.** We'll walk for you. For time to meet and location call **SACWN at 451-8034.**

September 27 - Gay/Lesbian Sierrans Alaska Slide Show and General meeting. Call 972-9230

October 3 - 35+ Lesbian Support Group in Auburn at the De Witt Center 6-8 p.m. For information, call 632-7080.

Building Lasting Relationships

Couple's group emphasizing solutions and growth in establishing committed long-term relationships. Meets 2xs per month. Facilitator: Melinda Facelli MFCC #MFC30351 - **783-0563**

SUCCESSFUL SACWNITE

Gerrie Cassey was born in Monroe, Louisiana and spent a happy childhood there. But when her mother passed away when she was 19, Gerrie knew it was time to move on.

"I left for California and settled in Los Angeles where I went to junior college and studied nursing. I first became an LVN and worked in an acute hospital in a neural specialty ward with patients on life support systems. While the patients were in a critical position, I found I could offer compassion to their families at a time of despair. This motivated me to continue my education and after five years I moved up into management positions including assistant director of nursing and educational instructor."

In 1988, Gerrie relocated to Sacramento and began working in management at skilled nursing facilities. She continued her school in the evenings and got a RN degree from Sierra College in Rocklin.

She tried acute care nursing on a surgical specialty ward at UC Davis, but after 18 months returned to long term care as Director of Nursing. "In this position, I feel as if I can be an asset to the company while being an advocate for the patient and the nurses I supervise. Mostly I deal with geriatric patients in their last home. It's an opportunity to make the last stage of their lives comfortable and less fearful. I work to provide a day to day family approach to the care setting, especially for people without families in their lives."

"On the job, I supervise and direct the other nurses, maintain and implement state enforced regulations, ensure the quality of care for the patients and work to guarantee fairness to all of the employees, especially in an equal opportunity way for the employee's professional growth.

Gerrie came out after being married twice. "I knew early in life that I was a lesbian because there was such a different feeling that I had with female friends. Going out together and being with the girls was a different and pleasant bonding. I didn't pursue those inclinations because of societal and family pressures. But after 12 years in the second marriage, I felt I needed to find myself and be who I really was. I met a woman, started dating and gosh, things just started happening. Then I understood how it was all supposed to happen."

Gerrie played the field for a couple of years. "Then in 1983, I met a woman and fell in love. She was also a nurse. We moved to Sacramento together and that relationship ended a few years ago."

Gerrie is now single and shares her life with Bear (her dog). She recently bought a home in Elk Grove. "It's close to work and I like the area." Gerrie likes to cook, camp, ride her bike and play billiards.

"I guess you could say that my cooking is a mixture of old family recipes combined with

modern techniques. I was taught to cook by my mother and aunts. My favorite recipe would have to be a turkey sage stuffing, made with the giblets. I love entertaining and planning parties."

"My ideal woman/partner would be some one who loves the same hobbies I do, likes to travel and is loving and compassionate. She'll be a very special woman. In the meantime, I have a wide range of wonderful friends to enjoy and spend time with. I love to have fun." (Those of us at this year's SACWN Women's Gathering saw Gerrie in action having fun as she served as the enthusiastic disc jockey at the Saturday night dance.)

What is success to Gerrie? "To me, success feels like knowing who you are and where you are going, and working to stay true to both. Being financially comfortable is a sign of success but maintaining good health and having loving close friends is the most important part. Yes, I do feel successful!"

Julia Wilson

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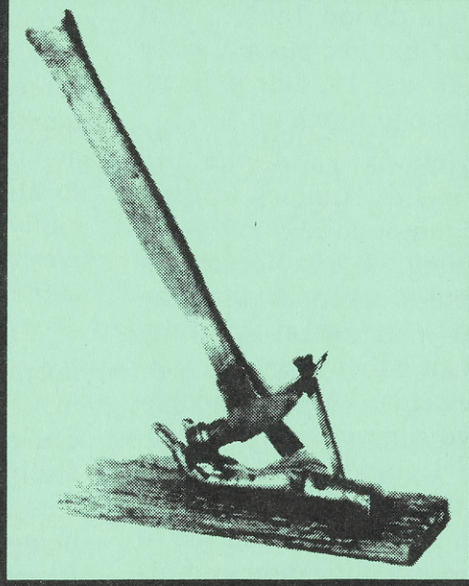
BREAKING UP- HEALING AND LETTING GO

Three part lecture/discussion series for those who have ended a relationship or who are in the process of breaking up. 9/9, 17, 23. Registration info: 783-0563.

Melinda Facelli MFCC, #MFC30351



"Release", Bronze,
Limited Edition of 35, 14" x 11 1/2" x 5 1/2"

It's about getting out of the victim role.

Bronze sculpture, "Release" by SACWNite artist Deidre Daugherty has won an Award of Merit in the 1996 California Works Exhibition in the State Fair. Over 1100 entries were received by the fair of which 170 were chosen for the exhibit.

Deidre Daugherty was recently elected to the board of directors of the El Dorado Arts Council.

"'Release" is a significant piece for me. It's about getting out of the victim role. Getting out of that role can be painful before it gets better - just like the hammer has to press on the fingers in order to get leverage to pull out the stake. The base represents the fear we are stuck in; the stake represents the guilt and shame; the hand is our beliefs about ourselves and life in general. The hammer represents the truth and self realization which can release us from our own misconceptions."

"Bridget" Daugherty's first bronze sculpture won an Award of Merit in the 1994 California State Fair. Her work can be seen in Gold Country Artists in Placerville, Legends Studio in the Horizons Casino in South Lake Tahoe and at La Rue Gallery in Carmel or call her at 672-1526.

Plan now to join RVing Women at

CONVENTION '96

October 24-27, 1996
Lodi, CA

Mark your calendar now and join us at the Lodi Grape Festival Grounds in Lodi, California, as we celebrate our first-ever worldwide gathering of RVing Women! And what a great time it promises to be!

Come meet women from all over North America who are gathering for four days and nights of entertainment, seminars, drumming, food, fun, line dancing, games, exhibit halls, dancing to "Second Wind" Friday and Saturday nights and . . . did I mention FUN!

Sign up for the entire convention, or purchase a day pass. If you have an RV, you can camp right on the grounds and experience this gathering to the fullest! You don't need to belong to RVW -- SACWN members and friends are welcome.

REGISTRATION FORM

Mail this form with check/money order or credit card information to RVW Convention '96, PO Box 1940, Apache Junction, AZ 85217 Phone (602) 983-4678. Fax (602) 982-6125. You can also reach us online at RVingWomen@aol.com. Exhibit space still available. If you would like exhibitor information check here ❑

PLEASE PRINT ALL INFORMATION

NAME _____ NAME _____

ADDRESS _____ PHONE ( ) _____

CITY/STATE/ZIP _____

Rally Reservations $48 x _____ persons = $_____

Day Pass $20 x _____ persons x _____days = $_____ (no RV)

18 Hole **Golf** Tournament (Oct. 24th at Lockeford Spring)
$45 x _____ persons = $ _____

Camping (up to 4 days) $ 56
( ) I need a tent space $ 56
( ) I need disabled parking ($68 w/elect)

Total Enclosed $_____

Charge to Visa M/Card Card #_____ Exp. Date _____

IF YOU WILL BE CAMPING WITH US, PLEASE ALSO FILL IN THIS INFORMATION:

Type of RV and length: _____ (MH, Van, Trlr, etc.) Make _____

RV License Plate # _____ State of Registration _____ Towing a Car? _____

In an emergency, contact: (Name, relationship, phone & address please) _____

Confirmation will be mailed 14-21 working days after receipt of payment. Directions and parking pass will be mailed approx. 9/15/96

REFUND POLICY: Registration fee (less a $20 per person cancellation fee) can only be refunded if written notice of cancellation is received at RVW by October 1, 1996. Phone cancellations cannot be accepted. All confirmation materials must be returned with the cancellation request.

Oct. 31, Nov. 1, 2 & 3, 1996

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SATURDAY
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SUNDAY
Blues/Jazz Brunch
Commitment Ceremonies Available

A partial list of entertainers:

Holly Near
Lynn Lavner
Kathryn Warner with Sandy Ayala
Flower & McLaren
Maiden Voyage
Dos Fallopia
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Regular Subscriber	$36/year
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Phone(W) _____ (W) _____

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(1) _____

(2) _____

To charge on **Visa** or **MasterCard** please provide:

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WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature _____ Date _____

Signature _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

* SENIORS -Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

SACWN

Presents..

CASINO NIGHT

Registration Form

NAME _____

ADDRESS _____

CITY _____ STATE ____ ZIP ____

PHONE _____

	Price	Subscriber #	# Tickets
Subscribers:	$10	_____	_____
		_____	
Non-subscribers:	$15		_____
Limited Income:	$ 5	_____	_____

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3031 F Street, Suite 201
Sacramento, CA 95816

Enclose a self addressed, stamped envelope and tickets will be sent in the return mail. Otherwise tickets will be held at the door.

For information, **call 451-8034.**

For VISA or MasterCard purchase, provide

Acct No: _____

Exp. Date on Card: _____

Signature: _____

A **5%** handling fee will be added to the credit card charge. Your bill will indicate a purchase from **Outsourcing Management Group.** If a SASE is provided, tickets will be mailed, otherwise they will be held at door. **Tickets are nonrefundable.**

This event is for women over 21 only.

SACWN
SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

3031 F STREET, SUITE 201
SACRAMENTO, CA 95816

ADDRESS CORRECTION REQUESTED

FUN AND GAMES WITH SACWN!!!!